TALLEY EYE CARE
www.talleyeyecare.com

LASIK Post-Operative Instructions

Below, Please find a guide to help you administer the post-operative medication.

Wait five (5) minutes between applications of different drops, and close eyes for a minute afterwards. This method is important to improve the effectiveness of the drops. Use drops in the following order: Zymaxid, Pred Forte, Refresh Ultra and Refresh Tears as required.

MEDICATION	Day 1 (Day of Surgery)	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
ZYMAXID	**1 Drop 4 Times a Day**						
	☐ _____	☐ Breakfast	☐ Breakfast	☐ Breakfast	☐ Breakfast		
	☐ _____	☐ Lunch	☐ Lunch	☐ Lunch	☐ Lunch		
	☐ _____	☐ Dinner	☐ Dinner	☐ Dinner	☐ Dinner		
	☐ _____	☐ Bedtime	☐ Bedtime	☐ Bedtime	☐ Bedtime		
PRED FORTE	**1 DropEvery 2 Hours**	**1 Drop 4 Times a Day**					
	☐ _____	☐ Breakfast	☐ Breakfast	☐ Breakfast	☐ Breakfast		
	☐ _____	☐ Lunch	☐ Lunch	☐ Lunch	☐ Lunch		
	☐ _____	☐ Dinner	☐ Dinner	☐ Dinner	☐ Dinner		
	☐ _____	☐ Bedtime	☐ Bedtime	☐ Bedtime	☐ Bedtime		
	☐ _____						
	☐ _____						
REFRESH ULTRA	**First 2 Hours:** **Every 30 Minutes** **Rest of Day: Every Hour**	**Once a Day Before Bed**					
	☐ _____	☐ Bedtime	☐ Bedtime	☐ Bedtime	☐ Bedtime	☐ Bedtime	☐ Bedtime
	☐ _____						
	☐ _____						
	☐ _____						
	☐ _____						
	☐ _____						
REFRESH TEARS		**3 Times a Day (or more if needed)** **After One Week Use as Directed by Eye Care Professional**					
	Not Required But May Be Used	☐ Breakfast	☐ Breakfast	☐ Breakfast	☐ Breakfast	☐ Breakfast	☐ Breakfast
		☐ Lunch	☐ Lunch	☐ Lunch	☐ Lunch	☐ Lunch	☐ Lunch
		☐ Dinner	☐ Dinner	☐ Dinner	☐ Dinner	☐ Dinner	☐ Dinner

Shake bottle 20-30 times before Using

**May experience an aftertaste in your throat. This is normal*