

To ensure a smooth recovery following your laser vision correction procedure, it is important to follow carefully the post-operative instructions and medication directions outlined below. Post-operative appointments are very important to monitor the healing of your eyes.

1

DO NOT RUB YOUR EYES!

2

After PRK surgery, immediate rest for your eyes is recommended. Apply eye drops, and rest with your eyes closed for two or more hours.

3

Avoid watching television, reading, using computers, tablets or cell phones for a minimum of 48 hours after surgery to avoid eye strain.

4

If you experience sudden and new pain, contact Talley Eye Care IMMEDIATELY! It is possible that a contact lens may have fallen out. **Phone: 812-424-2020**

5

UV Protection: Ultra-violet rays can cause damage to your eyes. It is important that sunglasses are worn for a minimum of six (6) months following surgery. Sunglasses should be worn even on overcast or cloudy days.

Notes:

- Discomfort after PRK surgery varies from patient to patient. Significant discomfort is not uncommon for the first two days following surgery, with some experiencing severe discomfort.
- Upon waking, the area surrounding the eyes should be cleaned. **DO NOT RUB.** Use a soft damp facecloth or sponge in a gentle downward motion.
- When administering medications, be sure to wait five (5) minutes between applications of the different drops to ensure all medications will be effective.
- After applying a drop, eyes should remain closed for 20 seconds to avoid displacing contact lenses.